

Value Education- Need of the hour for CLHIV

Values are virtues, ideals and qualities on which actions and beliefs are based. Values are guiding principles that shape our world outlook, attitudes and conduct. Values or value education hopefully help our children to grow as responsible adults-handling their sexual as well as social life responsibly in order to prevent HIV transmission from them to the rest of the society. It also helps them to develop their self esteem and confidence and enables them to live the rest of their lives meaningfully with the chronic nature of their condition.

I would like to introduce LVEP Value education programme in Sharing Room in the present issue of Sneha Shabd. Living Values Education Program (LVEP) which is supported by UNICEF and UNESCO is currently being used and producing positive results in more than 65 countries in thousands of educational settings. They teach 12 social and personal values to children such as Peace, Respect, Love, Responsibility, Happiness, Cooperation, Honesty, Humility, Tolerance, Simplicity, Unity and Freedom, which we practice at Sneha Care Home.

Living Values Education Program not only improves student behaviour but also develops cognitive thinking skills along with social and emotional skills. It protects them from violence, and helps them engage in the community with respect, confidence and purpose.

Purpose

LVE's purpose is to provide guiding principles and tools for the development of the whole person, recognizing that the individual is comprised of physical, intellectual, emotional, and spiritual dimensions.

How does LVEP work for children?

Reflective and imagining activities under LVEP encourage students to access their own creativity and inner gifts. Communication activities teach students to implement positive, constructive social skills. Artistic activities, songs, and movement inspire students to express themselves while experiencing the value of focus. Game-like activities are thought provoking and fun; the discussion time that follows those activities helps students explore effects of different attitudes and behaviors. Other activities stimulate awareness of personal and social responsibility and for older students, it provides awareness of social justice. The development of self-esteem and tolerance continues throughout the exercises. Educators are encouraged to utilize their own rich heritage while integrating values into everyday activities and the curriculum.

Let's try to build our children through value education to find more meaning in their lives. Let's mould them as confident, responsible and creative adults of tomorrow.

Visit the Living Values website for more information and details at <http://>

Bijumon Peter

